



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2025



YOUR IMPACT, THEIR OPPORTUNITY

In 2025, your participation in our road races will support summer camp scholarships which help us ensure that every child—no matter their circumstances—has the opportunity to thrive.

Plaistow Community YMCA 5K Road Race and Fun Run



Woodlock Park
Atkinson NH
Saturday, September 6
9:00 AM



RUN, SPONSOR, FUNDRAISE, OR DONATE!

- **Register to run:** Your entry fee supports our financial assistance program.
- **Sponsor:** Interested in sponsoring? Contact Carol Meyer at meyerc@northshoreymca.org
- **Fundraise:** After you registered, you'll be able to raise funds to continue to support our mission.
- **Donate:** Not a runner? Show your support by volunteering at the race or by donating to our cause.

Learn more at northshoreymca.org/communityevents